## HARM REDUCTION SERIES



# THE ROAD IN-BETWEEN: HARM REDUCTION STRATEGIES FOR FIRST NATIONS

This videoconference session will discuss how responses to substance use have historically focused on abstinence only approaches in many Indigenous communities. Concepts of the Red and Black Roads are explored as they relate to people using substances. The "Road In Between" is introduced as it relates to harm reduction practices, principles and services and the impacts that stigma and discrimination have on individuals using substances.

#### **Learning Outcomes:**

This session will encourage participants to think critically about the types of harm reduction services may be necessary for their community context. Current models of Indigenous Harm Reduction throughout the country and ideas for engaging leadership and community members are included in the learning.

**Target Audience:** Anyone working in First Nations leadership, health care team members in First Nations communities, Indigenous organizations in urban settings

#### Presented By: Audrey Mikkelson, HIV North

Audrey Mikkelsen, is a person of mixed ancestry, she is Anishinaabe Kwe registered with Rainy River First Nation in Treaty 3 territory, as well as part Danish and Finnish. She holds Certification in First Nations Family Support Work, and a Diploma in Indigenous Community Studies, both from Camosun College in Victoria, BC.

Audrey is in her 4<sup>th</sup> year of Social Work at the University of Calgary. She works with HIV North Society as the Indigenous Opioid Response Coordinator in Grande Prairie. She has experience as an Elders helper, assisting women with the ceremonial component of their treatment for trauma and substance use at Tsow Tun Le Lum on Vancouver Island. Audrey facilitates substance use programming for incarcerated Indigenous men.

### June 12, 2019 10:00 - Noon

Session 8 in the Harm Reduction Series

This series is supported through partnership between the First Nations Telehealth Network, Indigenous Services Canada's First Nations and Inuit health branch, and Alberta Health Services

Live stream and audio lines will be made available for those who cannot attend via videoconference

All previous sessions in the Harm Reduction Series have been recorded and are available to view on the First Nations Telehealth Network

Visit the First Nations Telehealth Network Portal (<u>www.fntn.ca</u>) to register today

#### FIRST NATIONS TELEHEALTH NETWORK

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